Earning and Redeeming Life Points is EASY...
Visit www.bcbsok.com and sign in to your BlueAccess (BAM) account.

Now follow steps 1-6 (shown below):

1. Click on “Fitness Works”
2. Click on “Begin Enrollment”
3. Print your temporary card (You will receive your new member card in 3-4 weeks)

4. Swipe your card at the Colvin Front Desk (or show your temporary card & sign in).
5. Work out at the Colvin and earn Life Points.

Start Shopping!