

GROUP FITNESS

Spring Break

MAR. 18-22

MONDAY	WEDNESDAY	THURSDAY
Cycle 5:30 - 6:20 p.m. Cycle Studio (D2) Kaylin Gilliam	Morning Cycle 7 - 7:50 a.m. Cycle Studio (D2) Addie Holley	Sunrise Cycle 5:45 - 6:35 a.m. Cycle Studio (D2) Calli Jones
TUESDAY	Speedy Cycle 12 - 12:30 p.m. Cycle Studio (D2) Kaylin Gilliam	Kickboxing 12 - 12:45 p.m. Combative Room Taylor Bailey
Cycle 5:30 - 6:20 p.m. Cycle Studio (D2) Kaylin Gilliam		Cycle 5:30 - 6:20 p.m. Cycle Studio (D2) Kaylin Gilliam
		FRIDAY
		Morning Cycle 7 - 7:50 a.m. Cycle Studio (D2) Calli Jones

Reserve your spot at
rec.wellness.okstate.edu

Registration opens 23 hours
prior to class time.



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WELLNESS