

GROUP FITNESS

Finals Week

DEC. 11-15

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Cycle 5:45 a.m. Cycle Studio	Cycle 5:45 a.m. Cycle Studio	Cycle 5:45 a.m. Cycle Studio	Cycle 5:45 a.m. Cycle Studio	Cycle 5:45 a.m. Cycle Studio
Yoga 12 p.m. Dance Studio 1	HIIT or Total Body 12 p.m. Dance Studio 1	Strength and Stretch 12 p.m. Dance Studio 1	HIIT or Total Body 12 p.m. Dance Studio 1	Strength and Stretch 12 p.m. Dance Studio 1
Dance Party 5:30 p.m. Dance Studio 1	Cycle 5:30 p.m. Cycle Studio	Cycle 5:30 p.m. Cycle Studio	Cycle 5:30 p.m. Cycle Studio	
Cycle 5:30 p.m. Cycle Studio				

Classes this week are FREE.

Reserve your spot at rec.wellness.okstate.edu

Registration opens 23 hours prior to class time.



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