OKLAHOMA STATE.



VISITOR'S GUIDE

2024 - 2025



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1. WELCOME TO OKLAHOMA STATE & STILLWATER

Welcome to Oklahoma State University!

Our Competitive Sports team and the Department of Wellness are excited about your team joining us and we hope you enjoy your time here and all that Stillwater has to offer. This guide contains useful information for you to utilize during your time with us.

Please do not hesitate to contact our office if you have any questions!

Competitive Sports Office

104, Colvin Center, Stillwater, OK, 74078 405-744-7407

Department of Wellness Mission:

To provide opportunities that foster Community, Lifelong Learning & Wellness

Department of Wellness Vision:

The Department of Wellness will be the standard of excellence, leading the campus, state, and nation through collaboration, engagement, and service to grow and develop the OSU community.

Department of Wellness Values:

Community, Accountability, Excellence, Wellness



2. POLICIES & PROCEDURES

2.1 CLUB SPORTS POLICIES & PROCEDURES

Club Sports at Oklahoma State are inclusive, improve our member's experience at OSU and offer leadership opportunities to members and officers.

Club Sports are recognized student organizations of Oklahoma State University. Club Sports can be competitive (with an emphasis of competing against other college and university club sport programs), recreational, instructional, and social in nature.

All Clubs and visiting clubs must follow all <u>OSU Club Sport Policies & Procedures</u>, <u>Department of Wellness Policies & Procedures</u> and meet the <u>Student Code of Conduct</u> for contests hosted at Oklahoma State University.

2.2 COLVIN RECREATION CENTER POLICIES & PROCEDURES

When using the Colvin Recreation Center, Clubs and visitors must follow all facility Policies and Procedures. This includes but is not limited to:

- All members must swipe in to access the facility
 - o Unless otherwise noted and/or approved by the Competitive Sports Office
- All organized fitness activity (personal training, group fitness instructing, etc.) must be facilitated and led by the Department of Wellness Fitness Staff.
- All club members and patrons must follow facility food and drink policies
- Patrons are expected to display acceptable social behavior while using any of the Wellness facilities.
- All policies can be found here: https://wellness.okstate.edu/recreation/policies.html

2.3 DEPARTMENT OF WELLNESS SPORT FIELD POLICIES

Below you will find a list of policies and procedures in use at our sport field facilities, including but not limited to: Willis Fields, Western Fields, and Colvin Fields. If you are to visit the Colvin Recreation Center or Colvin Annex, please review all <u>Department of Wellness Policies</u>.





FIELD POLICIES

Reserved activities for the Department of Wellness (DOW) will take precedence on these fields.



Only use fields for intended purposes.

Activities such as golf, javelin, or any additional activities that can damage turf grass are not allowed.



No pets allowed.

Only pets recognized by ADA will be allowed and must be tethered or on a leash.



Do not use fields if standing water is present or if turf is saturated.



Vehicles not approved for University use are prohibited.

Includes but not limited to automobiles, motorcycles, bicycles, horses, etc.



Tents, stakes or other items that penetrate the ground are prohibited.



Tobacco and alcohol are prohibited.

Oklahoma State University is a tobacco and alcohol free campus

Please place all trash in designated trash bins.

DOW is not liable for balls leaving the field into the parking lot.

Failure to adhere to Department of Wellness policies and actions listed above will result in removal from the facility.



2.4 SEVERE WEATHER PROCEDURES

It is the responsibility of the competitive sport supervisors to be aware of severe weather during games/matches.

OSU has installed and utilizes its own lightning detection and notification warning system to determine the proximity of lightning. When lightning is detected within 8 miles of campus an audible horn will blast and a strobe light will flash and will remain flashing until an "all clear" is sounded. When lightning is detected the warning device will be a solid 15 second horn blast. The outdoor alerting system is located on the SW corner of the Fire Publications building and on top of the Wellness Center. Other outdoor alerting systems have been placed around campus for detection. The strobe light will continue to flash until all lightning within the 8-mile radius has stopped for a duration of 30 minutes. The 30-minute window will continue to reset when there is lighting within the 8 miles. All outdoor playing facilities must be cleared until the "all clear" sound blast and the strobe light has stopped flashing. Participants and staff must all be cleared from the playing facilities and seek shelter immediately.

It is up to the competitive sports supervisor to decide if playing field conditions are unsafe. If it is determined unsafe the current game(s) will be cancelled and/or postponed. DO NOT jeopardize participants' safety.

Weather decisions are made by the Competitive Sports Office by 2pm Monday-Friday. The Rec Check line is available to call after 2pm. Please do not call the Competitive Sports Office prior to 2pm as no decisions will have been made. Clubs will be notified during weekend games if field conditions are unsafe.

2.5 RISK MANAGEMENT

Concussion Protocol

The on-site Competitive Sport Supervisor will determine when an injury occurs if there is a suspected concussion for any participants at a Department of Wellness facility. If the supervisor determines there might be a suspected concussion from their observation, then that individual(s) will be removed from all participation and the concussion forms will be filled out. If a participant has been removed, that individual(s) cannot play or practice until they are cleared by the OSU Health Center or a primary physician with written documentation (return to play form) sent to the Competitive Sports Office.

Injuries

The on-site Competitive Sport staff are First Aid & CPR certified and will render care if any injury occurs. All injuries should be immediately reported to the onsite Competitive Sports Staff. If a participant is provided with ice from a Competitive Sports Staff member, that participant may no longer participate in that contest. All accidents are recorded and kept on file for participant insurance purposes and for the program's statistical records.



3. ON CAMPUS FACILIITES & PARKING

3.1 COLVIN RECREATION CETNER, COLVIN ANNEX & COLVIN FIELDS

Colvin Recreation Center Address

101 Colvin Ctr, Stillwater, OK, 74078

Colvin Annex Address

Colvin Center Annex, Stillwater, OK, 74078

Parking





3.2 WILLIS FIELD

Willis Fields Address

800 N. Willis St., Stillwater, OK, 74078

Parking





4.3 WESTERN FIELDS

Western Fields Address

Western Fields, Stillwater, OK, 74075

Parking



For any other locations, please reach out to the club president, you can find there contact in the club contacts section

4.4 CLUB SPORT CONTACTS

If you need to contact a sport club officer, please visit our Club Sport website, find the club you are looking for and select the circled " i " in the bottom right.

Club Sport Website



4. LODGING IN STILLWATER



Holiday Inn & Suites Stillwater West 715 S. Country Club Rd. Stillwater, OK, 74074 405-372-2445



Best Western Plus Cimmaron Hotel & Suites

315 N. Husband St. Stillwater, OK 74074 405-372-2878



LaQuinta Inn & Suites by Wyndham 5285 W. 6th Ave. Stillwater, OK, 74074

5285 W. 6th Ave. Stillwater, OK, 74072 405-564-0599



Hampton Inn & Suites Stillwater 717 E. Hall of Fame Ave., Stillwater, OK. 74075

405-743-1306

For more lodging options, please go to the Visit Stillwater Site



5. DINING IN STILLWATER



Eskimo Joes 501 W. Elm Ave., Stillwater, OK, 74074 405-372-8896



Smokin' Joes Stilly 616 Range Rd, Stillwater, OK. 74074 405-624-5454



Louie's Grill & Bar720 S Main St, Stillwater, OK, 74074
405-707-7200



Mariachi Mexican Grill
1717 E White Barn Dr, Stillwater, OK, 74074
405-742-1717

For more Dining options, please go to the <u>Visit Stillwater Site</u>



6. STILLWATER ATTRACTIONS



OSU Botanical Gardens
3300 W. 6th Ave., Stillwater, OK, 74078
405-744-4643



Lost Creek Safari 1200 W. 80th St, Stillwater, OK, 74074 405-880-4781



National Wrestling Hall of Fame & Museum 405 W. Hall of Fame Ave., Stillwater, OK, 74075 405-377-5243



Ultimate Air Trampoline Park Stillwater
1815 N. Country Club Rd., Stillwater, OK, 74075
405-564-5169

For more Attraction options, please go to the <u>Visit Stillwater Site</u>



7. VISIT STILLWATER RESOURCES

- Visit Stillwater Website
- Visit Stillwater Visitors Guide
- Things to Do
- Map of Stillwater



