

Our Life

65,000 The average number of miles you'll walk in your lifetime — equivalent to three times around the world!

100 The average number of calories burned walking one mile.

13 The percentage of kids who walk to school today.

0 The amount of special equipment needed to walk —
vep, none at all.



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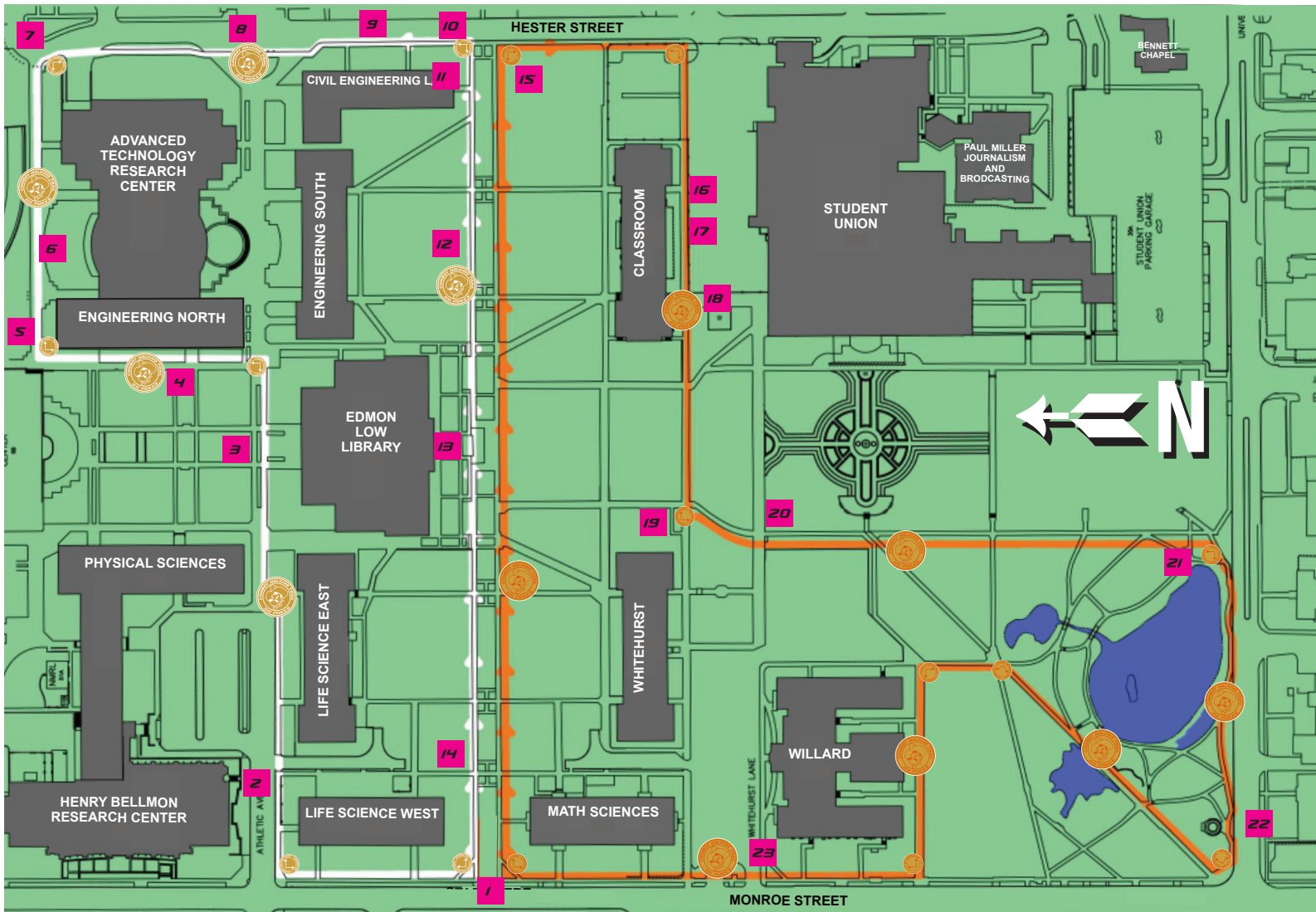


WHITE TRAIL

8. Garden on Hester Street

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White Trail:
0.66 miles



Orange Trail:
0.89 miles

Both Trails
Outer Loop = 1.3 miles

The Cowboy Walking Trails were designed to focus on health and increase activity among our OSU family. The trails are conveniently located on our Stillwater Campus and marked with *bronze medallions* to help keep you on the right track.



DEPARTMENT OF
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